

MAYOR OF LONDON

Health as an asset for London

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8,825,000 People

16% England Population

1 in 4 under 20

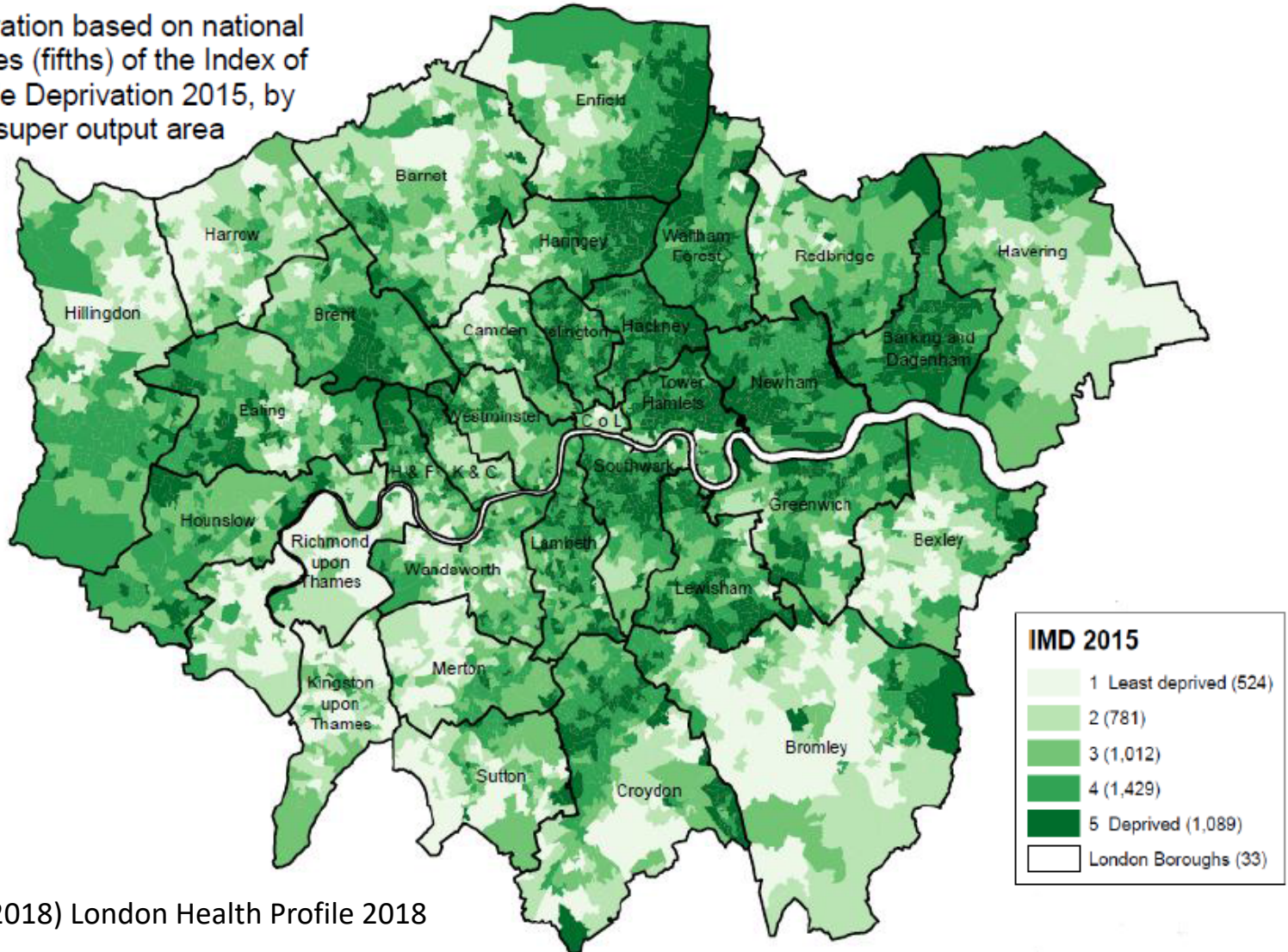
1 in 8 65yrs and over

Life expectancy
80.4 (m) 84.2 (f)

Healthy Life Expectancy
63.5 (m) 64.4 (f)

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Deprivation based on national quintiles (fifths) of the Index of Multiple Deprivation 2015, by lower super output area



Source: PHE (2018) London Health Profile 2018

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What is the Mayor's role?

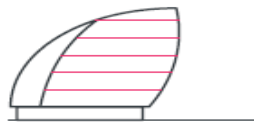
DIRECTING SUPPORT FROM CITY HALL

- Delivering City Hall's health programmes
- Supporting health and care devolution – estates, workforce, integration and prevention
- Consulting and engaging Londoners
- Reporting on actions and outcomes



ENSURING ALL THE MAYOR'S WORK CONTRIBUTES

- Planning
- Transport
- Housing
- Economic development
- Environment
- Culture and sport
- Policing
- Other London strategies and policies



LEADERSHIP IN LONDON, NATIONALLY AND INTERNATIONALLY

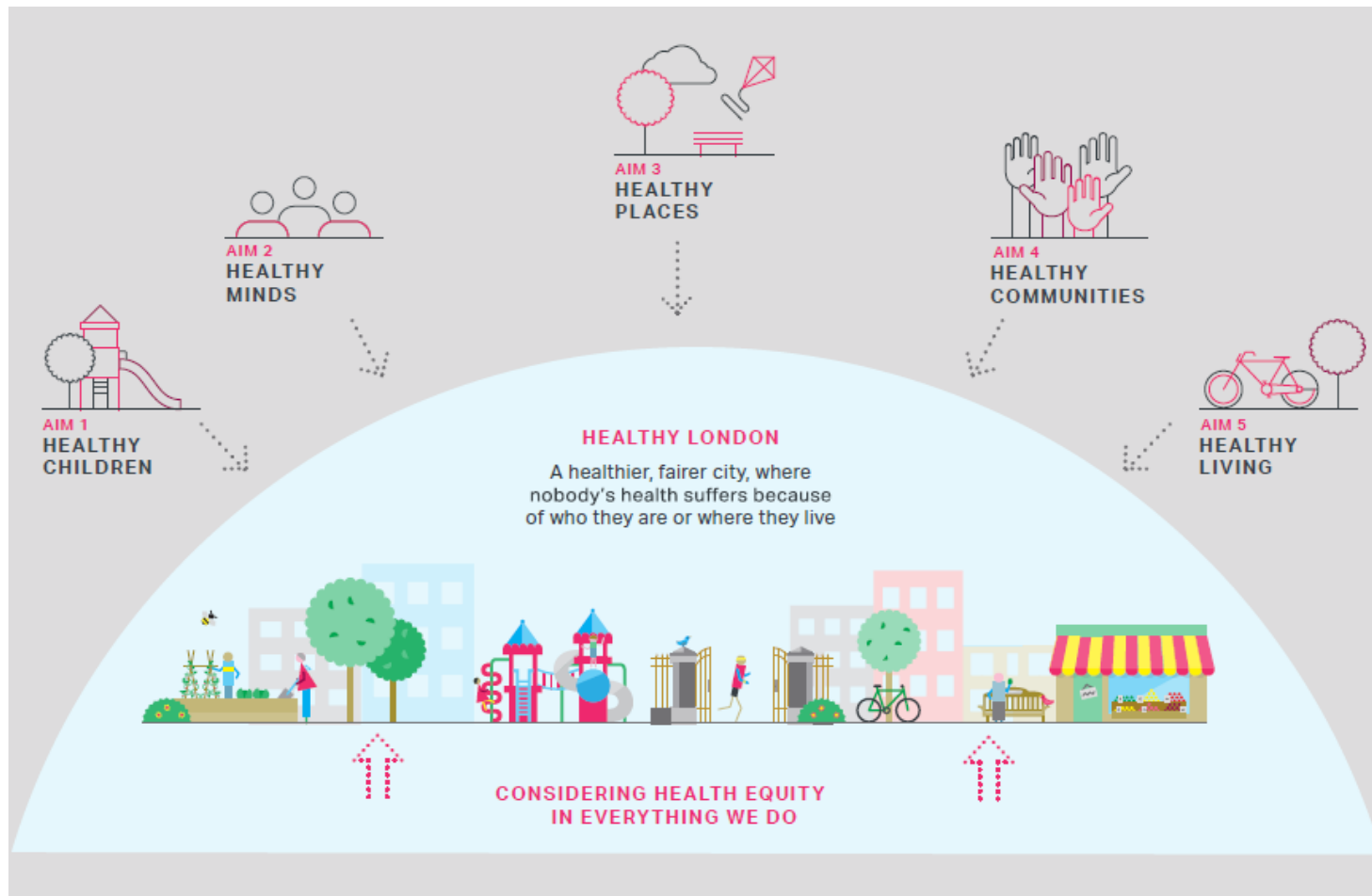
- Speaking out about health inequalities
- Generating consensus with others as chair of the London Health Board
- Championing and challenging the health and care system to reduce inequalities
- Working with partners - local authorities, the NHS, Public Health England, and the voluntary, business and community sectors



NOT: setting health policy or commissioning health or public health services

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The London Health Inequalities Strategy



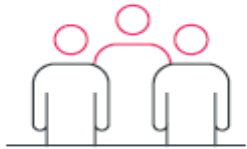
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Healthy Children



- **Healthy Early Years programme**
- Child Obesity Taskforce
- Consultation on banning unhealthy food adverts on the tube
- Planning policies to restrict hot food takeaways near schools

Healthy Minds



- **Mental Health First Aid**
- Thrive LDN citywide movement to improve mental health and prevent suicide
- London Healthy Workplace Charter and Good Work standard

Healthy Places

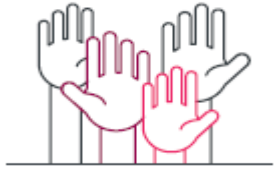


- **Air quality (including U-LEZ and Mayor's Air Quality Fund)**
- Implementing the Healthy Streets Approach through Transport for London
- Investment in affordable homes and action on rough sleeping

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Healthy Communities

- **Social prescribing**
- Social integration through sports, art and culture strategies
- Better community safety through police and crime plan
- Dementia-friendly city
- HIV fast-track cities



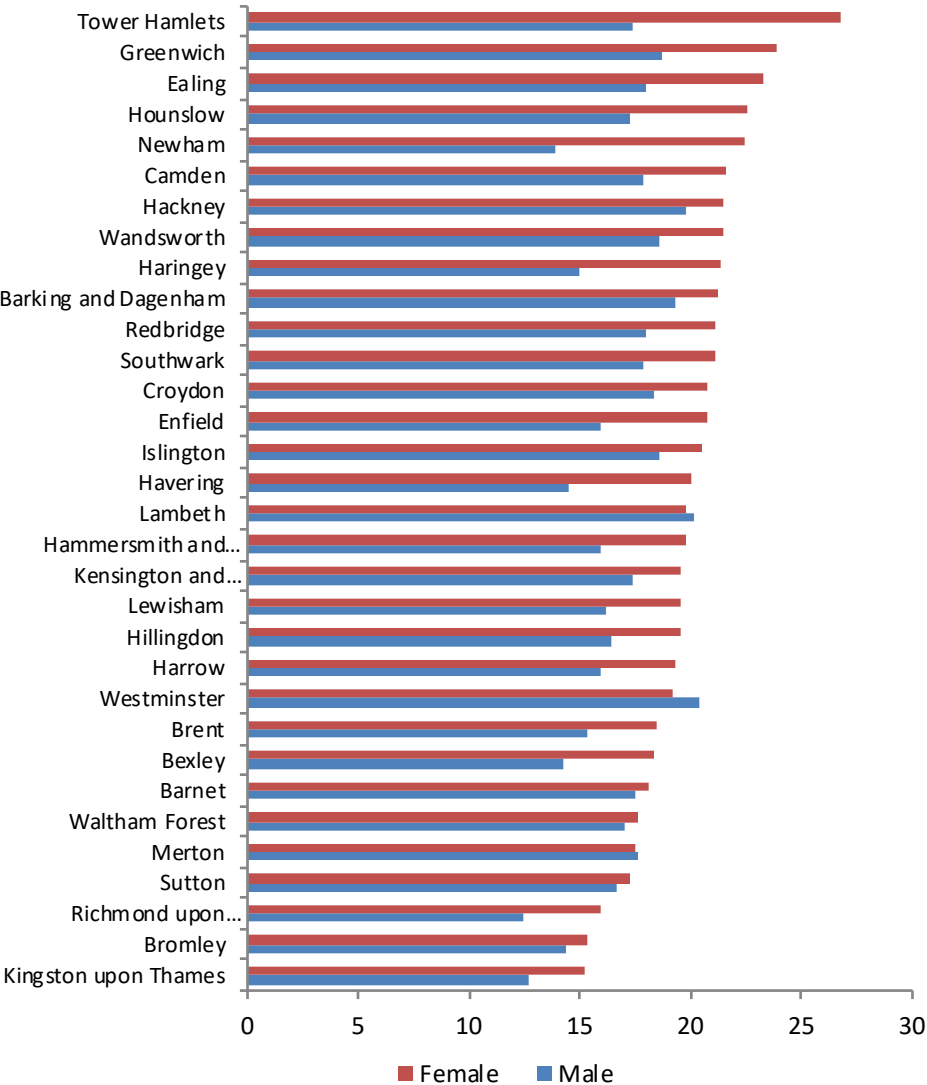
Healthy Living

- **Physical activity through Healthy Streets Approach**
- Healthy food through London Food Strategy
- Support collaborative work on alcohol, tobacco, drugs, and gambling
- Support for pan-London action on illegal tobacco and alcohol

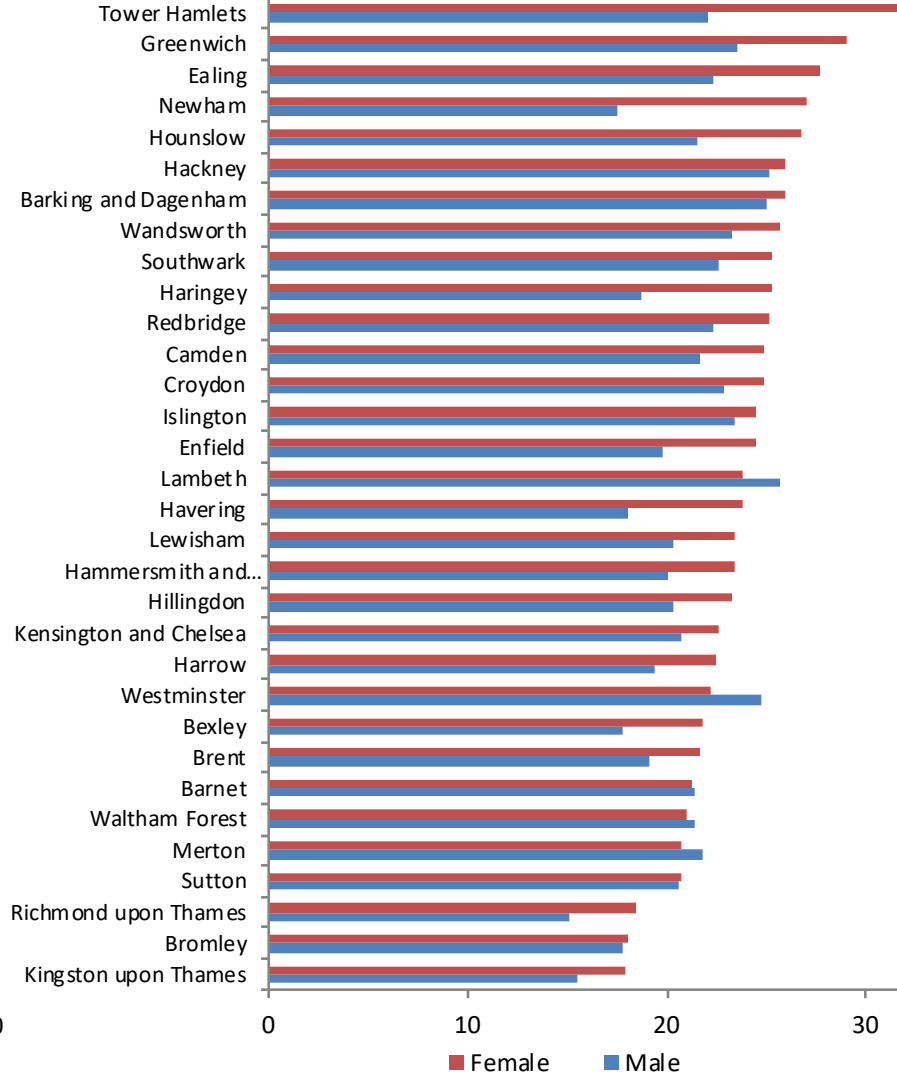


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Years in ill health



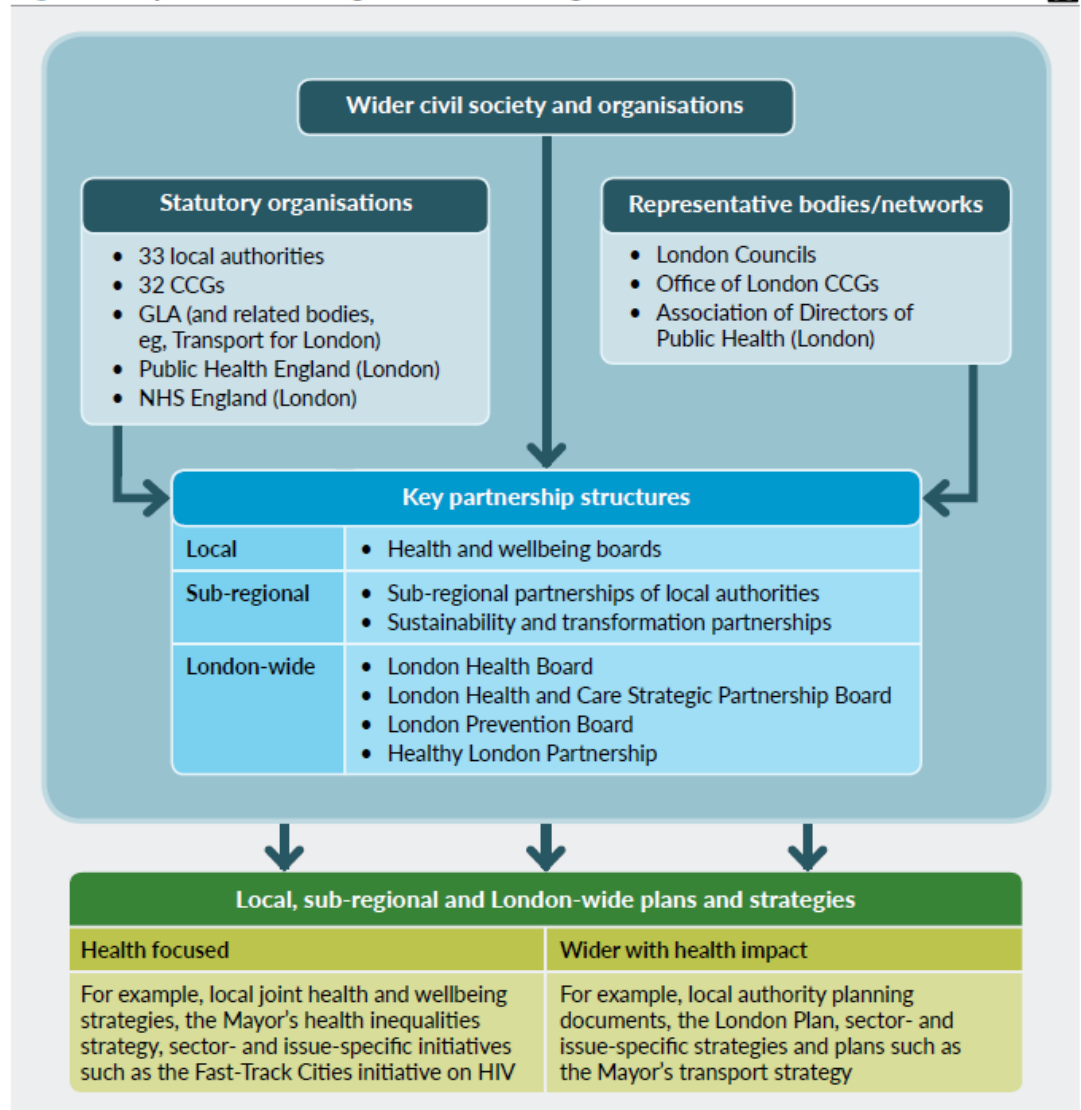
% Years in ill health



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London's health and care system is complex....

Figure 1 Population health governance arrangements in London



Source: Kings Fund (2018) The role of cities in improving population health: international insights

Reflections on enabling factors

Leadership created opportunities

Statutory requirements and powers established a strong mandate

Simultaneous policy development process enabled a health in all policies approach

Extensive consultation and involvement facilitated partnership action across the whole of London

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Monitoring progress: Population HI indicators

1. Healthy life expectancy at birth (male)
2. Healthy life expectancy at birth (female)
3. Children born with low birth weight
4. School readiness among children
5. Excess weight in children at age 10-11 (year 6)
6. Excess mortality in adults with serious mental illness
7. Suicide
8. Mortality caused by Particulate Matter (PM2.5)
9. Employment
10. Feeling of belonging to a community (provisional)
11. HIV late diagnosis
12. People diagnosed with TB
13. Adults walking or cycling for two periods of ten minutes each day
14. Smoking