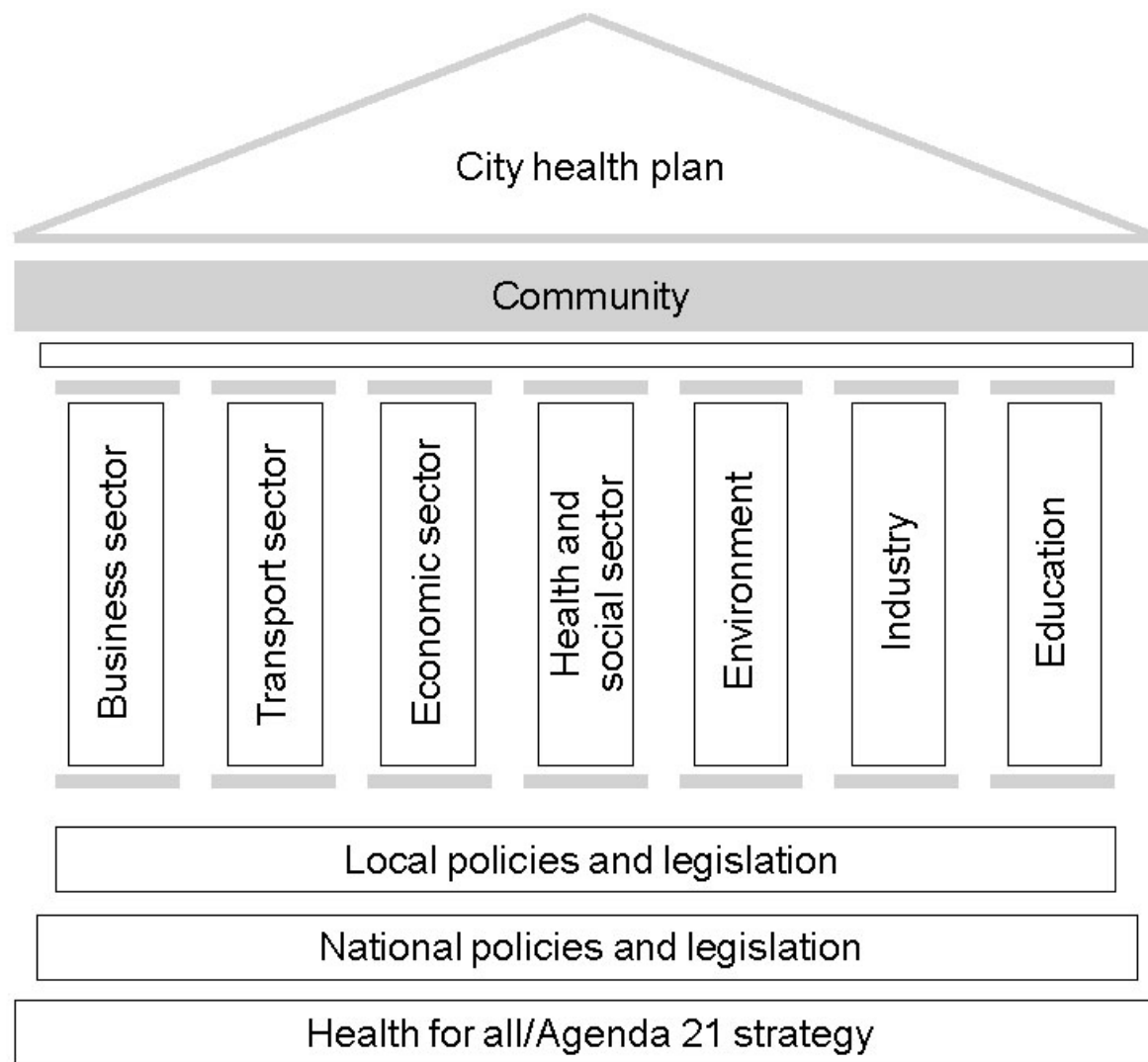
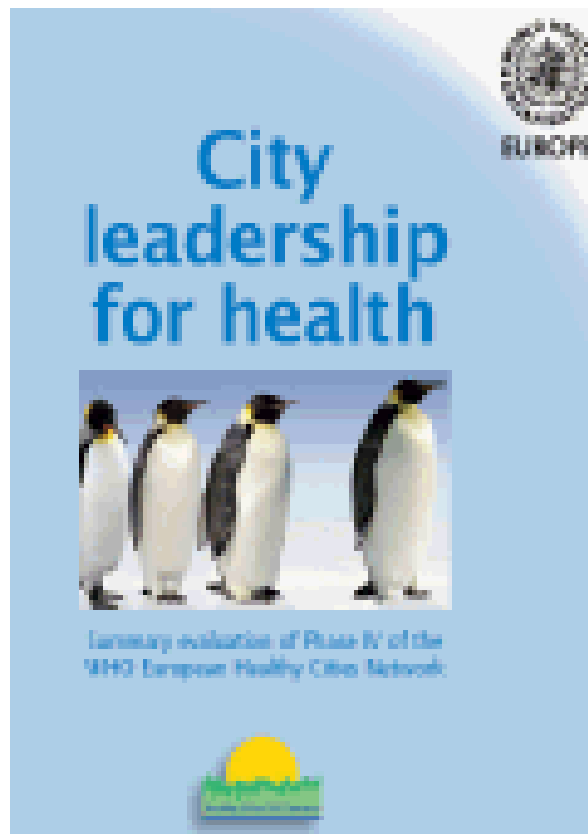




# Investing in healthier cities: “insuring” prevention

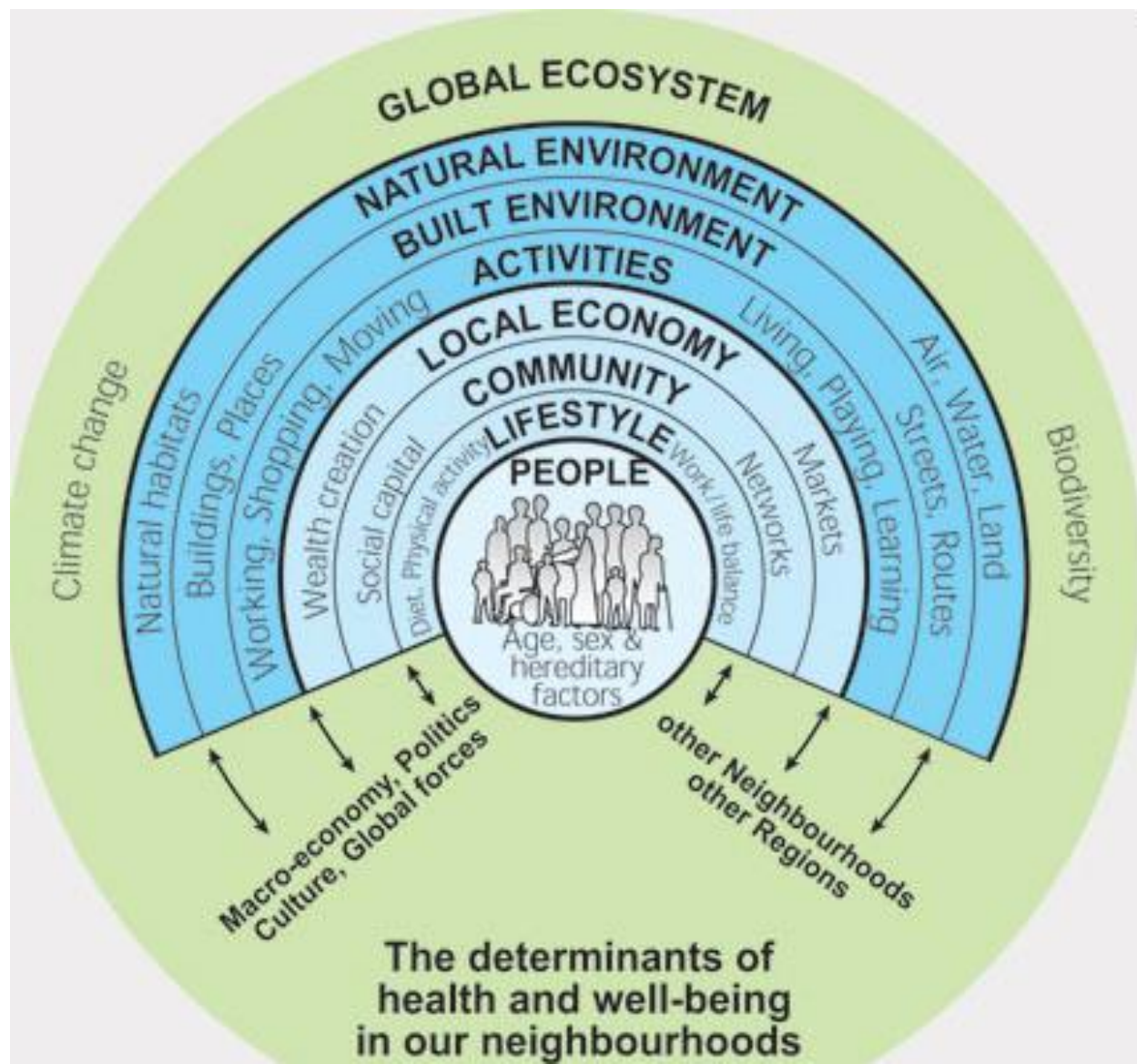


## Healthy Cities as laboratory of innovations for urban health





## Healthy Cities as laboratory of innovations for urban health



**A settlement  
health map**  
(by Barton, Grant)



## Healthy Cities as laboratory of innovations for urban health





## Healthy Cities as laboratory of innovations for urban health

**Cross-sectoral  
cooperation**

**Empowerment**

**Equity**

**Sustainable  
development**

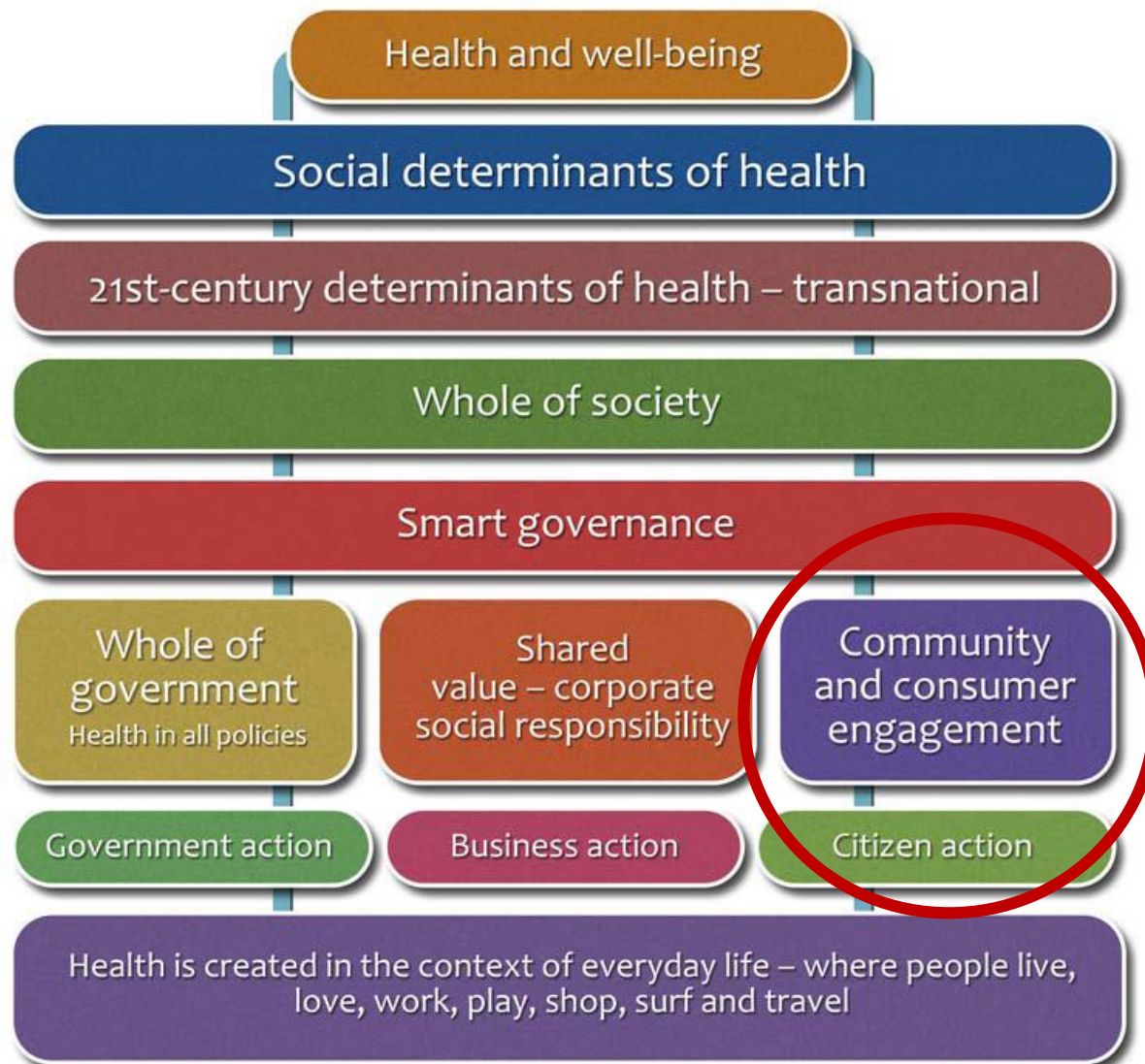


Healthy Cities 21<sup>st</sup> Century





## Governance for health in 21<sup>st</sup> century





## Healthy Cities as laboratory of innovations for urban health

### Health 2020 links

- Phase VI is shaped around the goals and objectives of the new European policy and strategy for health and well-being Health 2020

### Phase VI overarching goals

- Improving health for all and reducing health inequalities
- **Improving leadership and participatory governance for health**



**Investing in health through the life-course and empowering people**



Tackling the challenge of infectious and non-communicable diseases



Strengthening people-centred systems and public health capacity



**Creating resilient communities and supportive environments**



# Whole-of-government and -society approaches needed



## The 21st century approach to governance for health





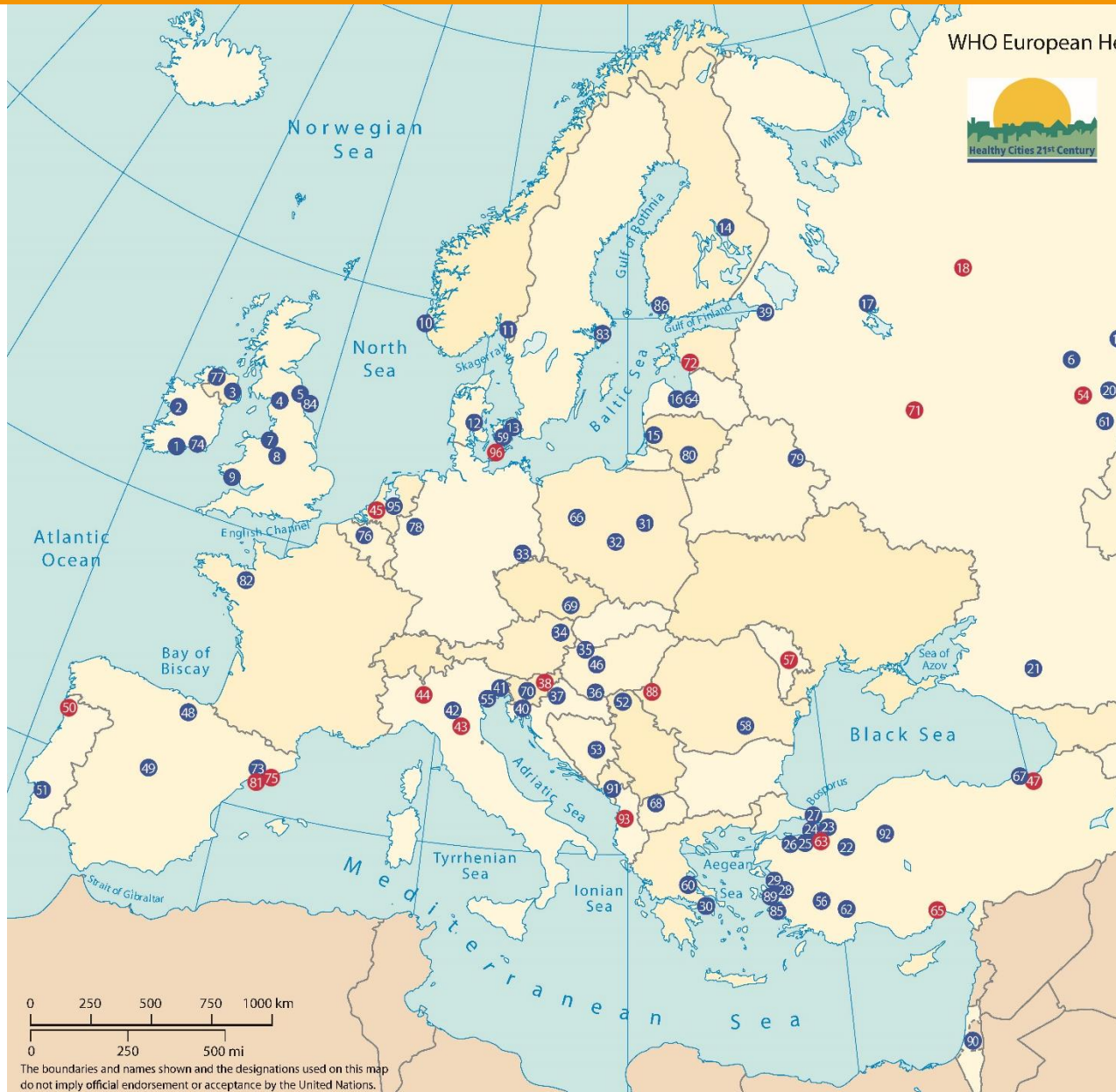


# BALTIC REGION HEALTHY CITIES ASSOCIATION



WHO Collaborating Centre  
for Healthy Cities and Urban Health  
in the Baltic Region

## WHO European Healthy Cities Network – Phase VI (2014–2018)



1	Cork	IRE	50	Viana do Castelo	POR
2	Galway	IRE	51	Seixal	POR
3	Belfast	UNK	52	Novi Sad	SRB
4	Carlisle	UNK	53	Sarajevo	BIH
5	Newcastle	UNK	54	Ulyanovsk	RUS
6	Cheboksary	RUS	55	Venice	ITA
7	Liverpool	UNK	56	Denizli	TUR
8	Stoke-on-Trent	UNK	57	Chisinau	MDA
9	Swansea	UNK	58	Bucharest	ROM
10	Sandnes	NOR	59	Frederiksberg	DEN
11	Østfold County	NOR	60	Filothel-Psychiko	GRE
12	Horsens	DEN	61	Chapayevsk	RUS
13	Copenhagen	DEN	62	Burdur City	TUR
14	Kuopio	FIN	63	Osmangazi	TUR
15	Klaipėda	LTH	64	Riga	LVA
16	Jūrmala	LVA	65	Mezitli Municipality	TUR
17	Cherepovets	RUS	66	Poznan	POL
18	Velky Ustyug	RUS	67	Trabzon Metropolitan	TUR
19	Izhevsk	RUS	68	Skopje	MKD
20	Dimitrovgrad	RUS	69	Brno	CZE
21	Stavropol City	RUS	70	Ljubljana	SVN
22	Eskişehir	TUR	71	Stupino	RUS
23	Gölcük	TUR	72	Pärnu	EST
24	Yalova	TUR	73	Sant Andreu de la Barca	SPA
25	Bursa	TUR	74	Waterford	IRE
26	Nilüfer	TUR	75	Barcelona	SPA
27	Kadıköy	TUR	76	Brussels	BEL
28	Izmir	TUR	77	Derry City and Strabane	UNK
29	Karşıyaka/Izmir	TUR	78	Düsseldorf	DEU
30	Amaroussion	GRE	79	Gorki	BLR
31	Warsaw	POL	80	Kaunas	LTH
32	Łódź	POL	81	L'Hospitalet de Llobregat	SPA
33	Dresden	DEU	82	Rennes	FRA
34	Vienna	AUS	83	Stockholm	SWE
35	Győr	HUN	84	Sunderland	UNK
36	Pécs	HUN	85	Samos	GRE
37	Zagreb	CRO	86	Turku	FIN
38	Celje	SVN	87	Novosibirsk	RUS
39	St Petersburg	RUS	88	Municipality of Arad	ROM
40	Rijeka	CRO	89	Municipality of Balçova	TUR
41	Udine	ITA	90	Jerusalem	ISR
42	Modena	ITA	91	Podgorica	MON
43	Bologna	ITA	92	Çankaya	TUR
44	Milan	ITA	93	Tirana	ALB
45	Rotterdam	NET	94	Almaty	KAZ
46	Székesfehérvár	HUN	95	Utrecht	NET
47	Ortahisar (Trabzon)	TUR	96	Lolland	DEN
48	Vitoria-Gasteiz	SPA			
49	Villanueva de la Cañada	SPA			

● 78 Designated cities

● 18 Applicant cities



World Health Organization

REGIONAL OFFICE FOR Europe

The boundaries and names shown and the designations used on this map do not imply official endorsement or acceptance by the United Nations.



Chapayevsk  
Cheboksary  
Cherepovets  
Dimitrovgrad  
Stavropol  
St. Petersburg

Izhevsk  
Klin, Moscow Region  
Novosibirsk  
Stupino  
Veliky Ustyug

**WHO HEALTHY CITIES NATIONAL NETWORKS  
(CITIES, COUNTRIES AND DISTRICT COUNCILS)**

Denmark  
Germany  
Poland

Estonia  
Latvia  
Russia

Finland  
Norway  
Sweden

- Designated city
- Applicant city

Updated: January 2016

**Healthy Cities in  
Baltic Sea Region**





**How can youth organizations engage in work with city governments to promote healthy and inclusive environments for children and youth?**



**Overweight  
or obese**



**School  
dropouts**



**Immigrant  
youth**

**Health inequalities continue to increase in many cities.  
Young people experience many social and health challenges.**





# Solutions from City of Turku

Osallistu  
Participate

Vaikuta  
Influence



Ideas of the Youth



Youth Council



Youth Committee



'Itse tehty' Project Funding



nuortenideat.fi

**Etusivu** Ideat Organisaatiot Tietoa palvelusta Kampanjat



Nationwide young people's influence service

Allows making suggestions, commenting on the ideas of others and participate in decision-making

NUORTENIDEAT.FI

Nuortenideat.fi on valtakunnallinen nuorten vaikuttamispalvelu, jonka avulla nuoret voivat esittää ja kommentoida ehdotuksia ja ideoita koulun ja muun toimintansa koskeviin asioihin. Omaan ideaan kirjoittaminen edellyttää sisäänkirjautumista, mutta ideoita voi selata, kommentoida ja kannattaa kirjautumatta.

#Harrastukset  
#Opiskelu

#Koulu  
#Vapaa-aika

#Ympäristö

Kirjoita idea





VIIMEISIMMÄT JUTUT / VIIMEISIMMÄT JUTUT



### MAKSUTTOMAT BEACH VOLLEY-TREENIT MAANANTAISIN!

Taija Junnila | Yleinen | 0 Comments

Beach volleyta pääsee pelaamaan maksutta maanantaisin



### TUNNELMIA #PÄÄTTÄJÄISISTÄ SEKÄ ARVONNAN VOITTAJAT

Taija Junnila | FIILIKSET, Yleinen | 0 Comments

Jo perinteeksi muodostunut Turun nuorisopalveluiden #päättäjäiset-



### KORISTUNNILTA OHJAAJAKSI!

Taija Junnila | Yleinen | 0 Comments

Pelaamisen riemu todella välittyi korisvuorosta. Kukaan ei malta pitää kunnolla juomataukojakaan ja



### MILLAINEN LIIKKUJA SINÄ OLET?

Taija Junnila | FIILIKSET | 0 Comments

Liikuntaa voi harrastaa monella eri tavalla. Voi keskittyä yhteen lajiin ja tähdätä seuraavaksi Patrick Caneksi,

- Free sport activities for people 13-19 years old,
- Organized in cooperation with sport clubs and schools, according to the young people's demand,
- More activities in socially challenged districts.

VIE SANAA!

VIE SANAA!





## Youth City Council



- Supervises the interests of the youth and gives the young people an opportunity to participate in decision-making,
- Consists of the representatives of the schools,
- Makes decision about the grants for youth projects.





## 'Itse tehty' or 'Self-made' Project Funding



- Project funding for the 13-19 year old in Turku,
- Teams of at least 3 people can apply for 100-500€ for any project they want to implement (event, performance, arrangement of meeting space),
- The decision is taken in max. 1 month after application.





Before:

- Providing services for young people

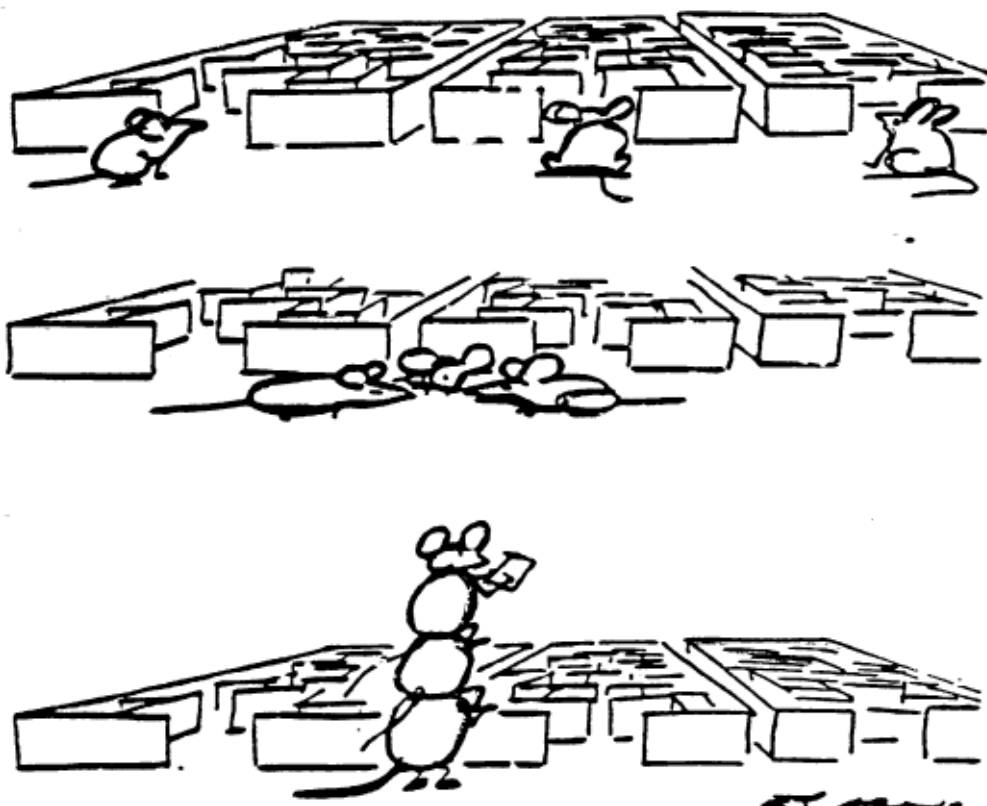
Today:

- Creating services together,
- Outsourcing services to the youth organizations.





- Meeting young people in their environment,
- Model and space for cooperation,
- Being flexible and trustworthy,
- Quick action!



**Thank you for your attention!**