

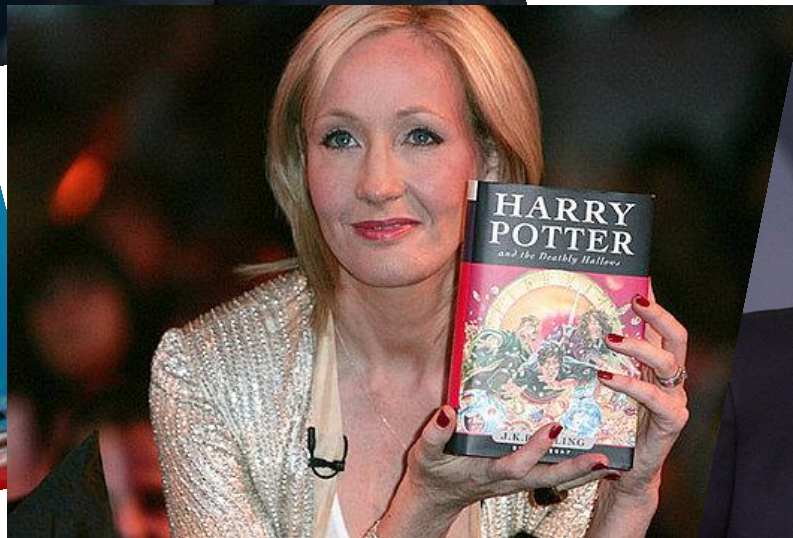
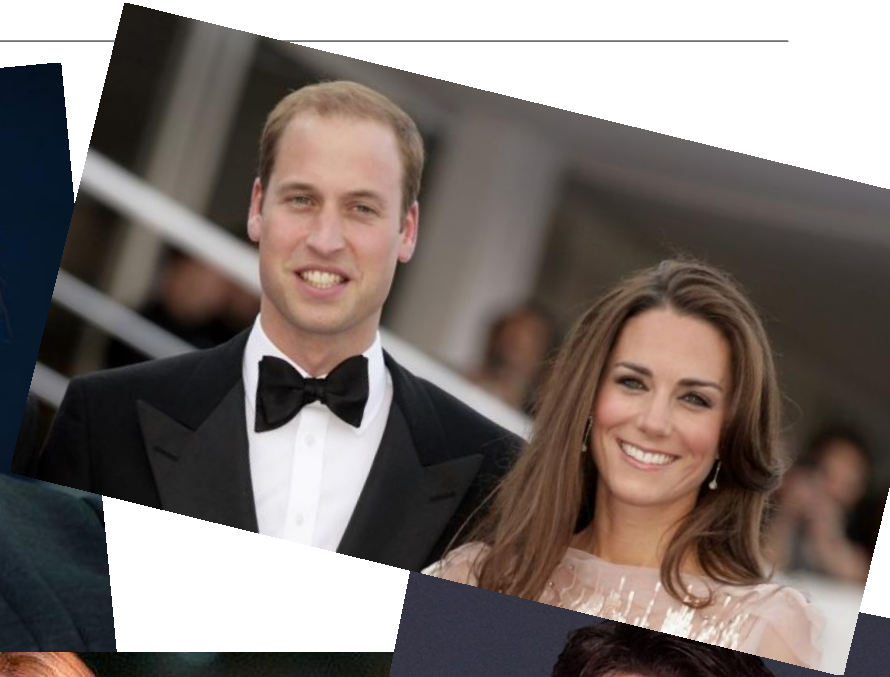


Mental health: putting theory into practice

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“we all have mental health”





As stigma falls, policy focus grows

Prevent – e.g. School based programmes

Support – e.g. Multidisciplinary service hubs

Treat – e.g. Access to psychological therapies

Care – e.g., community based services

Coordinate – e.g., with employers



But treatment gaps remain

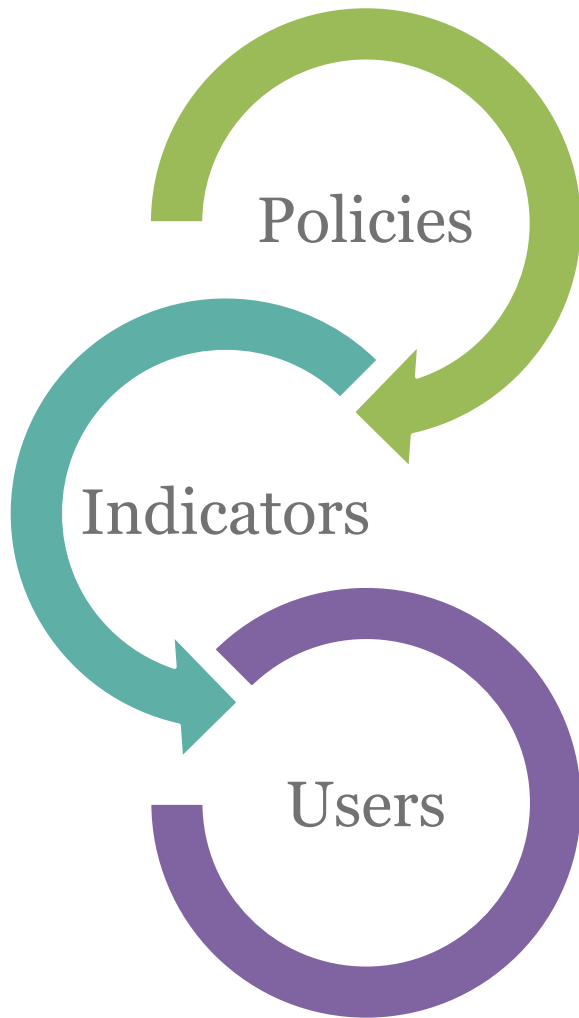
1. In Europe around 50% of major depressions are still untreated

2. Spreading and applying effective policies is slow

3. No measurement of inputs, quality, outcomes, and service user voices,



What to do



- Identify key policy domains of a strong mental health system

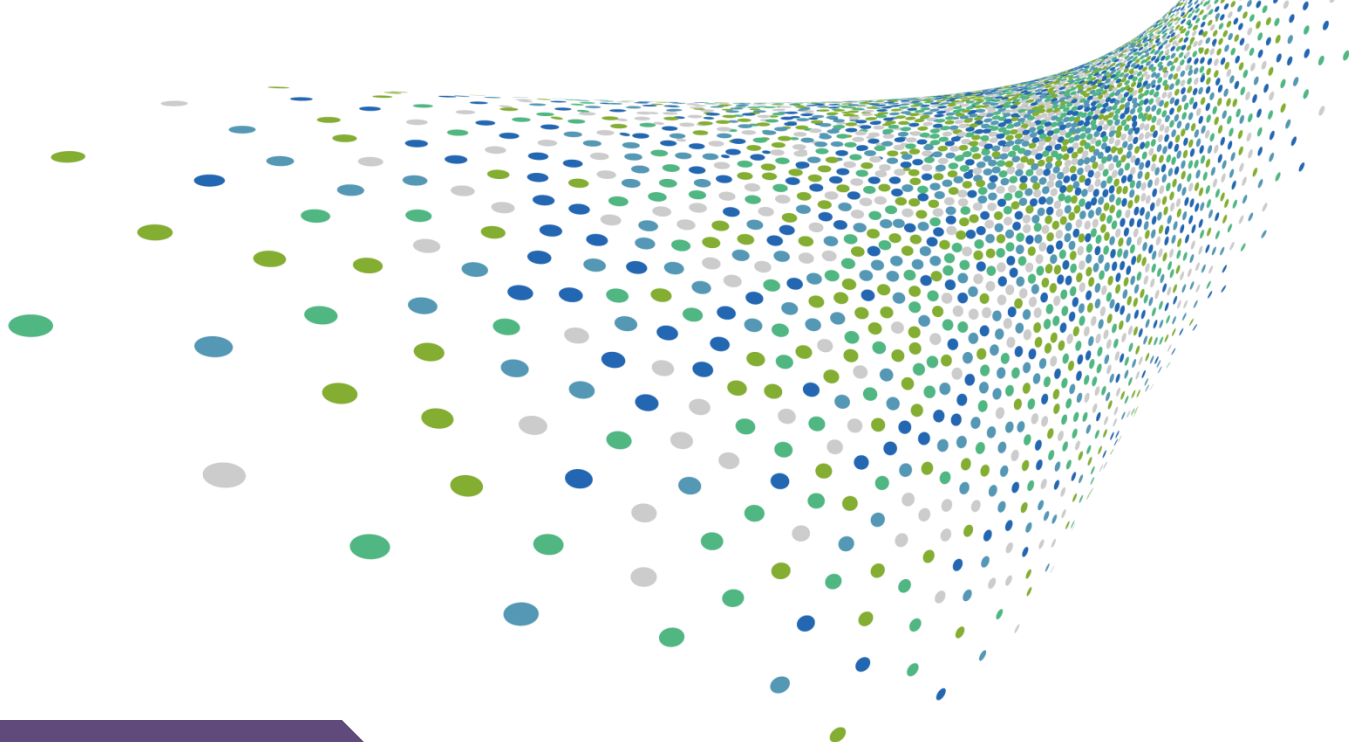
- Develop **robust indicators to measure and compare** performance in mental health care

- Capture **users' outcomes and experiences (e.g., OECD PaRIS)**



Find out more...

- ***Understanding Effective Approaches to Promoting Mental Health and Preventing Mental Illness*** – 10th October on http://www.oecd-ilibrary.org/social-issues-migration-health/oecd-health-working-papers_18152015
- ***Fit Mind, Fit Job, 2015***: www.oecd.org/els/emp/mental-health-and-work.htm
- ***Making Mental Health Count***, 2014: www.oecd.org/els/health-systems/mental-health-systems.htm



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