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Thomas Maribo is a professor in rehabilitation at Department of Public Health, Aarhus University, and head of research at DEFACTUM, a research and advisory unit within the Central Denmark Region. With this joint appointment, he bridges academic research and public health practice, focusing on prevention, rehabilitation, and reducing social inequalities in health, particularly for people living with chronic conditions or in vulnerable life situations. At Aarhus University he has been part of the university's Platform for Inequality Research at Aarhus University (PIREAU).

Thomas has led numerous collaborative projects across municipalities, regional health authorities, and universities. He heads the regional research programme "Practice-Based Rehabilitation Research (SPR)", connecting municipalities in Central Denmark with regional and academic actors to improve biopsychosocial rehabilitation. He also chaired the development of the 2022 Danish White Paper on Rehabilitation, endorsed by national health and social authorities as well as user organisations. He is currently PI on Central Denmark Region's strategic research programme "Social Inequality in Health", and on the project "Strengthened clinical research in municipal healthcare services: Person-centred cardiac rehabilitation - enhancing mental well-being for cardiac patients and their relatives", funded by Independent Research Fund Denmark.

In addition to his research, Thomas advises public authorities on inclusive prevention and rehabilitation strategies. He is Chair of the Research Committee of the Danish Society of Public Health, member of the WHO Functioning and Disability Reference Group, and serves on the board of the Danish Multiple Sclerosis Hospitals. He has recently been appointed to the national working group on the new NCD packages to be implemented the coming years.